

LET'S MAKE AND EXCAVATE ARCHAEOLOGICAL POO!

Those Rumbustious Ruling Romans are just like you!

For most people, the idea of finding old human poo is disgusting. And the idea of dissecting it and looking at it carefully through a microscope is even worse! But this is exactly what some archaeologists do. Poo is called 'coprolites' by archaeologists. Coprolites can include a lot of evidence to help us understand what people ate in the past, and how they prepared their food.

Once you have made your own Roman poots – challenge your family to excavate them!

Materials required (recipe can be cut in half)

- 1 cup of flour (Try using other materials to make your poo if this ingredient is not available, for example soil or sand)
- 1/2 cup of salt
- Tablespoon of vegetable oil (plus a bit extra for oiling the finished poots!)
- Soil and water
- Brown paint (optional)
- Large mixing bowl
- Tablespoon
- Wooden lolly sticks, cocktail sticks or anything else to poke your poo!
- A plate
- Poo excavation sheet
- Pencil

Directions



Mix the flour, salt and oil in a big bowl.



Add water to the soil to make a thick gloopy dark brown paste.



Add the gloopy paste into the floury mixture. You'll need to get your hands in and squish it together!

If the mixture is too dry, you can add more water, or you may wish to add some brown ready-mixed paint to make the mixture browner and stickier!



Mix, squish and knead until you have a solid brown lump.



Roll out sausage shapes for your poos!

