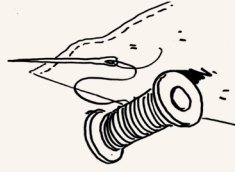


Enter... here...
←



Toilet



Kit mending



Cooking



Entertainment



Sleeping

LEARN ABOUT LIFE AS A ROMAN SOLDIER

Could you have lived as a Roman soldier?
What are the pros and cons?

Handwriting practice area with ten horizontal lines.



ARBEIA
SOUTH SHIELDS ROMAN FORT



Here are some fun facts and activities to help you explore the
BARRACK BLOCK

TYNE & WEAR
archives &
museums



South Tyneside Council



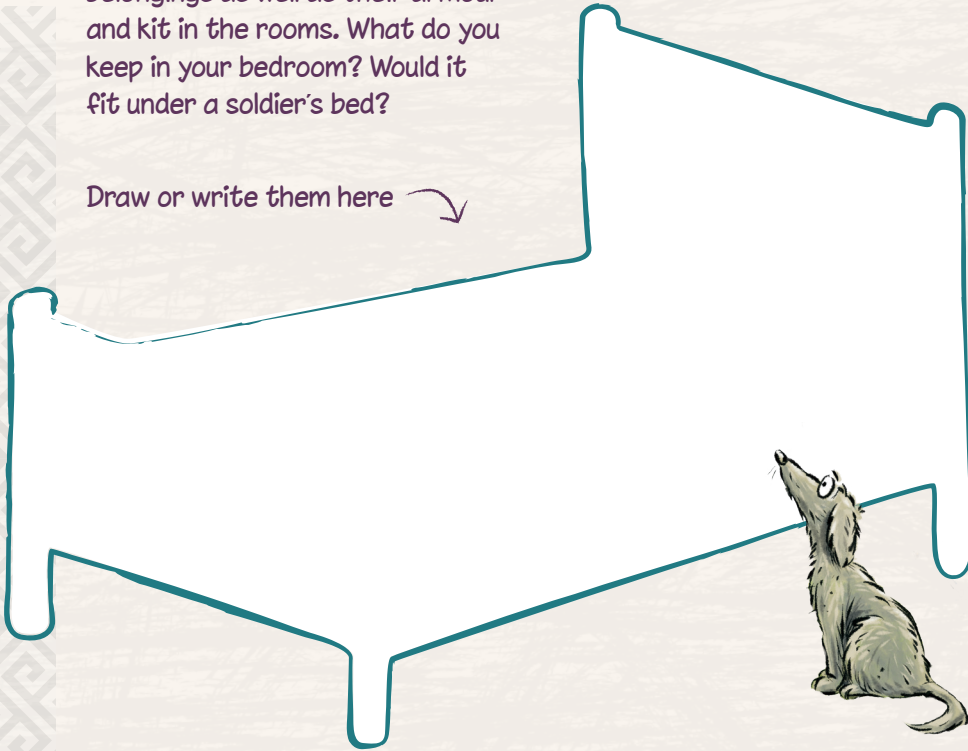
Supported using public funding by
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ENGLAND

Funded by a donation in memory of George Murray

The barracks are where soldiers ate, cooked and slept. Eight soldiers lived in each apartment of 2 rooms, with their centurion at the end of each block.

They also had to store all their belongings as well as their armour and kit in the rooms. What do you keep in your bedroom? Would it fit under a soldier's bed?

Draw or write them here →



Going to the loo!



Sponges on sticks were not easy to come by at Arbeia! Soldiers would make do with moss and leaves to clean themselves. Going to the loo could be a social occasion, but on a cold wet night, they would have had a bucket in their room.

The outside walls of the barracks were stone (like many Roman buildings) but the inside walls were made of:

Manure and mud



Turtle and turd



Pudding and rice



Animal poo and straw



And this is called wattle and daub!



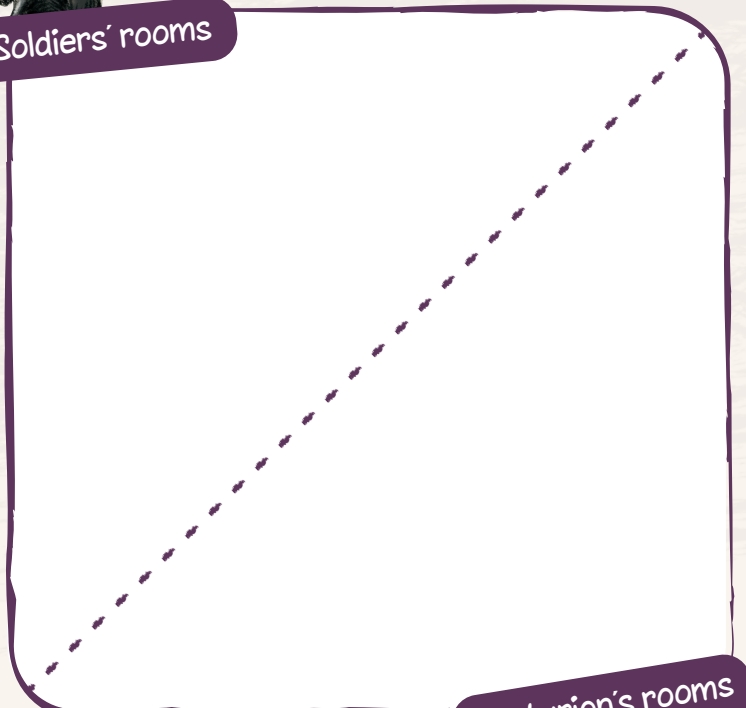
Have a look at how much space the centurion and his family had.

What do you see that is different from the soldiers' rooms? What else do you notice?

Write here →



Soldiers' rooms



Centurion's rooms